

Weekly News from Hope Elementary School





#### **UPCOMING EVENTS**

- Feb. 6th Knox County Spelling Bee @ HES (3:45PM)
- Feb. 12th HES School Committee meeting (6PM)
- Feb. 19th 23rd Winter vacation
- Feb. 29th Fairy Tale Medley (Drama Club Play)
- March 11th HES School Committee meeting (6PM)
- March 14th End of 2nd trimester
- March 14th Grades 6-8 Dance (7-9PM)
- March 15th No School (teacher workshop)
- April 8th HES School Committee meeting (6PM)
- April 12th Early Release (11:30 AM)
- April 15th 19th No School (Spring Break)
- May 2nd Early Release (11:30AM) for parent/teacher conferences
- May 27th No School (Memorial Day)
- June 13th Last day for Pre-K
- June 19th No School (Juneteenth)
- June 20th Last day of school (with 5 snow days used)

HES has used 4 snow days as of 2/2/24

Registration is now open for Pre-K and Kindergarten for the 2024-25 school year!

Please follow the links below to register.

**PRE-K Registration** 

**KINDERGARTEN Registration** 

Third Graders had the BEST time ice skating at the MRC through the Learn to Skate program. In just four sessions they learned so many new skills! We'd like to thank the MRC, Coach Ethan, Coach Bill, Coach Peter, and Coach Jesse for their time and efforts. We had so much fun!





Pre-K students investigated the classroom's worm farms this week. They learned about the red wriggler worms and how they eat apple cores and banana peels and even cardboard milk cartons and make soil from it all. Children then drew pictures of what they saw to be included in their science journals. Hope Pre-K students are doing their little part to become zero waste and care for their environment.



Nature Club met for the first time on Tuesday 1/30. The kids expressed interest in learning about survival skills, animal tracks, and plant and tree identification. We also took a snowy walk around

the nature trail.





# Hope Elementary School Menu

Februar	y 2024
AY	FRIDAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1	
Cheeseburger w/Fries Fruit/Veggies/Milk	WG* Cheese & Pepp. Stromboli Fruit/Veggies/Milk	Breakfast Pizza Fruit/Veggies/Milk	Chicken Nuggets w/Fries Fruit/Veggies/Milk	Pepperoni Pizza Fruit/Veggies/Milk
B: WG* Mini Bagels	B: Cereal	B: WG* Banana Bread	B: WG* Cinnamon Bread	B: Scones
5	6	7	8	
WG* Spaghetti w/Meat Fruit/Veggies/Milk	Hot Dogs & Fries WG* Buns/Fruit/Veggies/Milk	Meatloaf & Mashed Potatoes WG* Rolls/Fruit/Veggies/Milk	Crispy Chickens Sandwich WG* Buns/Fruit/Veggies/Milk	Cheese Pizza Fruit/Veggies/Milk
B: Cereal	B: Muffins	B: WG* Mini Bagels	B: Fruit Salad/WG* Goldfish	B: WG* Banana Bread
12	13	14	15	
WG* Pancakes & Sausage Fruit/Veggies/Milk	Cheeseburgers w/Fries WG* Buns/Fruit/Veggies/Milk	WG* Breakfast Pizza Fruit/Veggies/Milk	Beef Chili w/ WG* Corn Chips Fruit/Veggies/Milk	Pepperoni Pizza Fruit/Veggies/Milk
B: Muffins	B: Fruit Salad/WG* Goldfish	B: WG* Mini Bagels	B: Cereal	B: WG* Banana Bread
19	20	21	22	
NO SCHOOL Presidents' Day	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
26	27	28	29	
heese Raviolis w/WG* Bread Fruit/Veggies/Milk	WG* Cheese & Pepp. Stromboli Fruit/Veggies/Milk	Chop Suey w/WG* Noodles Fruit/Veggies/Milk	Meatballs & Gravy WG* Rolls/Fruit/Veggies/Milk	
B: Scones	B: Cereal	B: WG* Cinnamon Bread	B: Fruit Salad/WG* Goldfish	

Student meals are free.

Milk without a meal is \$.50

Adult meal: \$4

\*WG = Whole Grain

Breakfast (B) includes protein, fruit, whole grain, and milk.

Lunch options include a choice of salad, bagel, or sandwich/entrée of the day. Fruit, a whole grain item, veggie slices and milk are offered with all meals.

Menu is subject to change. We offer Gluten Free options.

HES is an equal opportunity provider.

Payments should be made payable to:
Hope Elementary School

https://kl2paymentcenter.com

Please note: effective Jan. 1st, 2024 the new price for milk is fifty cents.

### SNOW MUCH FUN!

Students in grades 3-5 are enjoying the fresh snow on Hope Hill at their daily recess time!







## We want YOU!

To join the defending 2X Regional Championship **CRMS Wrestling Team!** 



Wrestling is open to all students grades 5-8 at in the Fivetowns area (including HAL schools!). The season is between basketball and spring sports and competitions don't start until mid-February, so you still have plenty of time to ski as well!

Wrestling is a safe sport (fewer serious injuries per participant than soccer or basketball) that kids of all shapes and sizes can be successful in. Please come and

Our first practice will be on Tuesday, January 16" at the High School 6:15 to 7:30. We will practice at the High School Tuesday and Thursday at these times through February 9. Practices will then be five days a week in the gym at CRMS Mon-Fri 4:00 to 5:30. The season ends on March 23" with the league championship meet.

Sign up at: https://crms.fivetowns.net/athletics/sports\_enrollment

Contact: Aaron Henderson aaron.henderson@fivetowns.net (207) 522-5252

#### **FIVE TOWN FOOTBALL WINTER FLAG SESSION**

ANNOUNCING OUR ANNUAL WINTER FLAG FOOTBALL!!

WHERE: THE PITCH IN WARREN WHEN: MONDAYS 5-6PM X 6 WEEKS FEBRUARY 26-APRIL 1, 2024 WHO: CURRENT 3rd-8th GRADERS HOW: REGISTER AT FIVETOWNFOOTBALL.COM



### Five Town Little League 2024 Baseball and Softball Winter Clinics and Season Evaluations



Five Town Little League is offering winter clinics for players in Hope, Appleton, Lincolnville, Camden and Rockport this February and March. Register your player today for time on the field before evaluations and the 2024 season begins.

All clinics will be held at The Pitch in Warren and registration is \$10 per clinic, per player (the UMO baseball clinic on 2/5 is \$25). These will sell out fast, please make sure to register TODAY!

2/5 - 6:30-8:30pm - UMO Baseball Clinic (7-12 year olds)

TUESDAYS (6-7pm for 7-9 year olds and 7-8pm for 10-12 year olds):

2/27 - baseball 3/5 - softball 3/12 - baseball

3/19 - softball

3/26 - baseball

**SATURDAYS** (12:30-1:30pm for 7-9 year olds and 1:30-2:30pm for 10-12 year olds): 3/2 - softball 3/9 - baseball 3/16 - softball

3/23 - baseball

3/30 - softball

EVALUATIONS (returning Major players do NOT need to attend, this is for NEW players only)

4/6 - 12:30-2:00pm - softball 4/6 - 2:00-3:30pm - baseball

TO REGISTER PLEASE VISIT: WWW.FIVETOWNLITTLELEAGUE.ORG



Please email mainefivetownlittleleague@gmail.com with any questions. You can also follow us on Facebook at Five Town Little League.

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### MLK Chess Tournament Jan 15, 2024

Lincolnville Central School hosted the biggest ever MLK Day chess tournament with the help of parents and chess coaches. We had 70 contestants: 54 boys, 16 girls and a whopping 12 kids in K/1 (the old record was 4)! It was a fun tournament designed to get lots of games in between 9 AM & noon. If this were State we'd get two to four games played in three hours. While it may have seemed chaotic at times, we tried to keep the time between games to a minimum. Most kids played at least eight games while some played fourteen to eighteen!

Most contestants came from Camden, Belfast, Rockport, Lincolnville and Hope. Many Home Schooled kids came too! Home Schoolers should know that they can attend chess at their local school and play in the State Team Chess Championship on March 9 (see chessmaine.net) for the school closest to their home that has a chess team. Soon I'll dye my hair red and blue so it will be ready for the kids at the schools that do the best at State to shave my head.

Chess is free everywhere I teach. Mondays: Troy Howard with Jess Young 2:30-3:15 & CASS with Holly Merrow 3:30-4:30; Tuesdays: CRES 2:30-3:30; Wednesdays: Lincolnville with Hannah Burke 3-4; Thursdays: Camden Hills HS 2:15-3:15 & CRMS with Kate Kaplan 3:20 – 4:20; and Fridays: Hope with Ben Angulo 1:45-2:45. You can join at any time and all levels are welcome! Email me: BruceHaffner@gmail.com. Here is a NBC video about my chess program: Mr. Bruce

Chess is an amazing activity because it teaches how to put together a logical argument, on the fly, often under time pressure. There is <u>HES.FIVETOWNS.NET</u> FEBRUARY 2, 2024

no chance in chess: the loser almost always announces what happened with: "Oh! I didn't see that!".

The essence of chess is learning how to see the future by calculating the results of forcing moves, visualizing them in your mind (without being able to see the moves on the board) and understanding the results. Howard Gardner, author of the excellent "Multiple Intelligences", says that a good chess player who can see ahead in a game has spatial intelligence, the foundation of creativity. We all carry more knowledge than we will ever need in our cell phones. Teaching how to find and use what is known defines our obligation to our children. Chess teaches creativity which will benefit our kids in school, sports and life!

A great way to improve is get on my weekly email list: I send puzzles with answers. Another is come to class with your child: parents (and grandparents) are always welcome! Play games on chess.com or lichess.org. Be careful: the chat box can be abusive (very seldom in my experience). After you play a game click "self-analysis" and go over your game, move by move, to see what you missed. Don't miss summer chess camp June 24-28, half or full days, from 9-3 at George Hill Farm in Hope!

Thanks to Justin Bennett (LCS's new principal) for the use of his wonderful school, and everyone who helped at the tournament: Jacqui Gage, Kate Kaplan, Russ Kizor, Jess Mazur, Justin Mazur, Holly Merrow, Nick Ling and Freddy Wolpers.

Here are the top four finishers, by division (CASS=Capt Albert Stevens, CRES=Camden-Rockport Elementary, CRMS=Camden-Rockport Middle, HS=Home Schooled, LCS=Lincolnville Central, TH=Troy Howard):

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<u>Grades K/1</u> Girls: 1<sup>st</sup>: Emma Chase, Hope. Boys: 1<sup>st</sup>: Luke Robles, HS. 2<sup>nd</sup>: Sewell Peet, CRES. 3<sup>rd</sup>: Beau Aiken, Hope. 4<sup>th</sup>: Ivan Feener, HS.

Grades 2/3 Girls: 1<sup>st</sup>: Isla Feener, HS. 2<sup>nd</sup>: Leah Skillings, CASS. 3<sup>rd</sup>: Gemma Borzoni, CASS. 4<sup>th</sup>: Adelyn Tielje, CASS. Boys: 1<sup>st</sup>: Mark Robles, HS. 2<sup>nd</sup>: Owen Kizor, HS. Tie: 3<sup>rd</sup>: Gavin Henderson, Messalonskee. 3<sup>rd</sup>: Miles Mazur, HS. Grades 4/5 Girls: 1<sup>st</sup>: Emma Mazur, HS. 2<sup>nd</sup>: Scarlett Wagner, CASS. 3<sup>rd</sup>: Indra O'Donnell, HS. 4<sup>th</sup>: Dorothy Smith, CRMS. Boys: 1<sup>st</sup>: Will Kaplan, CRMS. 2<sup>nd</sup>: Jack Mortlock, CRMS. 3<sup>rd</sup>: Emery Lister, CASS. 4<sup>th</sup>: Kaiden Green, CASS.

<u>Grades 6/8</u> Girls: 1<sup>st</sup>: Ruth Prendergast, CRMS. 2<sup>nd</sup>: Zora Ling, HS. Boys: Tie 1<sup>st</sup>: Jules Richardson, CRMS. 1<sup>st</sup>: Silas Ociepka, TH. Tie 3<sup>rd</sup>: Oliver Mitchell, CRMS. 3<sup>rd</sup>: Jacob Curtis, LCS.



# CHESS CAMP !!

### GEORGE HILL FARM

1 George Hill Road, Hope, ME 04847

June 24-28



Join us at the barn at George Hill Farm for an amazing camp experience! This is for children 2<sup>nd</sup> – 9<sup>th</sup> in the fall! Beginners are welcome for one-on one and small group learning sessions. Learn bughouse (team chess) & play in the camp championship for trophies (everyone wins one, some are bigger than others)! Learn thinking and problem solving skills that help in school and in sports! Chess wires your child's brain for math, science and creative thinking by teaching concentration, logic and calculation.

Problem solving skills are the basis of all learning and are key to success in school and the workplace!







Eli Slaughter, one of the State's best high school players along with others in high school: Miles Gupta, James Kimmett, Walter Fields and Kate Kaplan, a crack Tournament Director, will be helping me. 9 AM – 3 PM: Full camp: \$200, half days: \$100. I'm flexible: 3 hours \$20, all day \$40. Wear sneakers and a cap and bring a suntan lotion, lunch, drink and snack! Reserve your spot, no obligation to attend! Space is limited. Scholarships are available: Contact me! If you paid for another camp (6/24-28) tell me and come for free. Parents are welcome anytime! Be a helper and one child is free. First come, first served. Register via email, pay when you get to camp at the barn, 1 George Hill Road, Hope. Full refunds at any time for any reason. Satisfaction guaranteed. Call or text me: 847-987-3091 BruceHaffner@gmail.com



O <u>CREATE AN ONLINE ACCOUNT</u> — even if you're not signing up to be a member. You'll need an account to use our online Summer Camp enrollment system.

https://operations.daxko.com/Online/2127/MembershipV2/MembershipTypes.mvc? =638399517807588344

- Please type in your email address and phone number to search for an existing account. Your email and phone number must match what we have in our system. Please call 207.236.3375 to update if these have changed.
  - If you have an existing online account, make sure you know your password, and that all of your information is correct.
  - If neither your email or phone number is found in our system, proceed to set up a new account.
- Be sure that all campers enrolling in Summer Camp are added to your online account. Call our front desk for assistance if needed.

### O ACTIVATE YOUR MEMBERSHIP

If you want to register for Summer Camp as a member (discounted rates and early registration) you will need to visit our Rockland or Rockport location to activate your camper's membership by Thursday, February 1. If your child is not an active member when you register for summer camp, you will not receive the discounted rate, which cannot be applied later.

O Make sure your payment information (credit card number or bank account information) is saved to your online account.

#### O APPLY FOR MAINE DEPARTMENT OF HEALTH & HUMAN SERVICES (DHHS) ASSISTANCE

Scholarship applicants are encouraged to apply for DHHS assistance prior to applying for a Penobscot Bay YMCA scholarship, as DHHS usually awards more substantial amounts and often covers the entire summer.

• Contact DHHS: www.mymaineconnection.gov or 1.855.797.4357

#### O APPLY FOR YMCA FINANCIAL ASSISTANCE

Please be sure to complete the form and provide financial statements to Meredith Gutheinz, <a href="mailto:mqutheinz@penbayymca.org">mqutheinz@penbayymca.org</a>, by Friday, January 19. Once approved, you will be notified of your awarded amount.

• Please note: If you do not get pre-approved for financial assistance, you will need to pay the required deposits, per camper/per week, for camp as well as before & after care, in order to complete your registration.

Current Income Eligibility Guidelines

FAMILY SIZE	ANNUAL INCOME	
1	\$46,285.79	
2	\$60,527.58	
3	\$74,796.36	
4	\$89,011.15	
5	\$103,252.93	
6	\$117,494.71	
7	\$120,165.05	
8	\$122,835.38	
9	\$125,505.72	
10	\$128,176.05	

Add 3% for additional family members.

• Summer Camp Financial Aid Application: https://forms.gle/5UbAVdB5FCJP3DQF8

TURN PAGE OVER

BENJIE BLAKE, CAMP DIRECTOR ○ 207.236.8201 ○ BBLAKE@PENBAYYMCA.ORG

### WHEN REGISTERING:

O Log into your account a few minutes early on your registration day.

### O Enroll in Camp!

⇒ Use the link at the top of the page to select the Summer Camp you'd like to register for - Discovery Camp, Camp Wonder, Snow Bowl Camp, or Adventure Camp.

⇒ Select the weeks of the chosen camp you'd like to register for.

- ⇒ Click Register.
- ⇒ Select the camper and add them to your cart.
- ⇒ Fill out the questionnaire (just three questions about contact information) and hit Next.
- Review your selections and hit "add more programs" if you have other campers to enroll, need to add Before & After Care, or a spot on the Y Bus from Thomaston Municipal Building to the Penobscot Bay YMCA, and/or the Snow Bowl.
- ⇒ Once you've added everything you need, click Check Out at the bottom of the screen.
- ⇒ Pay your deposits owed to complete enrollment! Please note: payment of the deposits is what secures your registration.

### **ONCE YOU HAVE REGISTERED:**

O Once you've secured your spot(s), you will receive an email with a link to the registration forms. Please complete these forms within 14 days of registering for Summer Camp.

O Make sure to set up your payment plan or pay in full by Friday, June 14.

O Have your campers' immunization records sent to the Penobscot Bay YMCA. There will be a link in the enrollment forms you receive to make it extra simple! Want to try it out ahead of time?

We've added a DEMO CAMP week for you to practice!

Registering for the DEMO CAMP prior to the start of Online Registration will NOT register your child for Summer Camp. The demo week is for practice purposes only!

#### THINGS TO REMEMBER:

- There will be computers and Y staff available to help with camp registrations on February 5 & 12 at the Penobscot Bay YMCA, 116 Union Street, Rockport.
- Camden residents enrolling in Snow Bowl camp on February 5 should be prepared to provide proof of residency. Registrations submitted before the appropriate date will not be accepted. You will need to recomplete and resubmit when general registration opens on February 12.
- If you plan to activate your membership or apply for financial aid, we highly recommend doing so as soon as possible.
   APPLY FOR YMCA FINANCIAL ASSISTANCE



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